

Measure Specific Guidelines for Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)*

Description:

The percentage of children and adolescents 1-17 years of age who had two or more antipsychotic prescriptions and had metabolic testing. Three rates are reported:

1. The percentage of children and adolescents on antipsychotics who received blood glucose testing
2. The percentage of children and adolescents on antipsychotics who received cholesterol testing
3. The percentage of children and adolescents on antipsychotics who received blood glucose testing and cholesterol testing

Documentation Guidelines:

- **Blood Glucose:** Members who received at least one test for blood glucose during the measurement year
- **Cholesterol:** Members who received at least one test for LDL-C or cholesterol during the measurement year
- **Blood Glucose and Cholesterol:** Members who received both of the following during the measurement year on the same or different dates of service
 - At least one test for blood glucose or HbA1c
 - At least one test for LDL-C or cholesterol

Note: *Members in hospice are excluded from the eligible population*

**Per NCQA HEDIS MY2020 & MY2021, Volume 2 Technical Specifications*