

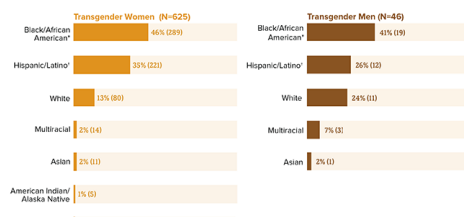
APRIL 18TH IS NATIONAL TRANSGENDER HIV TESTING DAY (NTHTD).

On NTHTD, we have an opportunity to raise awareness of the importance of routine HIV testing, knowing one's HIV status, and HIV prevention and treatment efforts among transgender, nonbinary, and gender-nonconforming people. Join us in the effort to ensure we all get free!

Black trans people are disproportionately susceptible to HIV/AIDS due to systemic issues including misogynoir, racism, transphobia, insufficient access to competent and quality health care.

New HIV Diagnoses Among Transgender People by Race/Ethnicity in the US and Dependent Areas, 2019

Most new HIV diagnoses among transgender people were among Black/African American people.



- The Williams Institute found that 0.6% of all U.S. adults and 0.8% of all Black U.S. adults identify as transgender.¹ Trans people made up 2% of new HIV diagnoses in the U.S. in 2018.²
- In 2018 most new HIV diagnoses among trans people were among Black people. Black trans women accounted for 49% of new diagnoses among trans women, and Black trans men accounted for 40% of new diagnoses among trans men.³
- A recent study found that transgender women have high rates of HIV testing. The study found that among trans women in 7 U.S. cities, 96% of trans women had been tested for HIV, and 82% of trans women had been tested for HIV in the past 12 months.⁴

People afraid of experiencing discrimination are less likely to get tested and treated for HIV. We must destigmatize conversations about and actions around HIV/AIDS to ensure trans people are aware of how HIV affects their community and how they can access treatment and engage in risk minimizing practices.

NBJC has created the [Words Matter HIV Toolkit](#) to support Black people in having asset-based, stigma-free conversations about holistic health and wellness. The toolkit also encourages loved ones to stay healthy by taking medicine if they are living with HIV or seeking to maintain an HIV-negative status.

¹ [How Many Adults Identify as Transgender in the United States? - Williams Institute](#)

² [HIV Diagnoses | Transgender People | Gender | HIV by Group | HIV/AIDS | CDC](#)

³ [HIV Diagnoses | Transgender People | Gender | HIV by Group | HIV/AIDS | CDC](#)

⁴ [HIV Testing | Transgender People | Gender | HIV by Group | HIV/AIDS | CDC](#)



**READY,
SET,
TEST!**

Together, we can learn to live healthier lives. Talk to your partner about how you will protect each other's health and well-being.

#StopHIVTogether



Get tested...

AT HOME

#StopHIVTogether

Learn about at-home testing kits at [NBHC](#)

#StopHIVTogether

TO END THIS EPIDEMIC, we must know our status. Doctors recommend getting tested for HIV every 3 to 6 months. Get tested in the way that is most comfortable for you. You can find a free testing site near you and other sources of support [HERE](#) or order a free at-home HIV testing kit [HERE](#).

IF YOU'RE HIV-POSITIVE, it is essential that you get connected to culturally competent health care providers, start and continue HIV treatment, and keep your viral load undetectable. Learn more [here](#).

IF YOU'RE HIV-NEGATIVE, ensure you're engaging in practices that [minimize risk](#). You can reduce risk by taking PrEP, a daily pill taken to prevent getting HIV from sex or injection drug use. When taken as prescribed, it is highly effective for preventing HIV. Only 32% of transgender women without HIV used PrEP. We can increase this percentage together. Learn more [here](#).

PEP IS A MEDICINE TAKEN TO PREVENT HIV AFTER POSSIBLE EXPOSURE.

PEP should only be used in emergencies and only within 72 hours of potential exposure. Learn more [here](#).