



Illinois  
CHAPTER

Registration



# ILLINOIS CHAPTER ANNUAL SYMPOSIUM

Recorded Sessions Registration

Jointly Sponsored:



AMERICAN  
COLLEGE *of*  
CARDIOLOGY  
FOUNDATION

Dear Colleague,

We invite you to join us and our outstanding faculty for our Annual Symposium that was recorded from our live meeting on Saturday, October 16, 2021 at the University Club of Chicago. This symposium boasts a great program featuring scientific updates in the field of cardiology for all members of the cardiovascular care team.

We encourage you to post this registration brochure for members of your cardiovascular care team and send them to this outstanding educational opportunity. Program brochures and registration information can be found on the Chapter's website: [www.ilacc.org](http://www.ilacc.org).

You will have until February 2, 2022 to complete the sessions and obtain educational credits. Please email Nancy Mueller once you have completed the sessions so your name can be given to National ACC for your educational credits.

[nmueller@cardiacmgmt.com](mailto:nmueller@cardiacmgmt.com)

**Annabelle Santos Volgman, MD, FACC, FAHA**

Rush University Medical Center  
IL-ACC Governor

#### **Overall Need Statement:**

Cardiovascular Disease is the leading cause of death in both men and women in the United States. Despite the advances in treatment of cardiovascular disease it still accounts for over 1/3 of deaths in the United States. The rapidly changing healthcare environment often leaves the entire CV team struggling to find the most current and up to date information needed to manage their patients. Information on new treatment guidelines, managing specific diseases, and optimizing the multidisciplinary care of the cardiac patient will provide the CV team an opportunity to identify the most current available information for the clinical care of their patients.

#### **Overall Goal Statement**

The overall goal of this activity is to improve patient care by increasing learner competence in diagnosing heart failure, valvular heart disease, atrial fibrillation, the differences in stress testing and CT imaging, ischemic heart disease, cardiomyopathies. The learner will also increase their knowledge in healthcare disparities and the top ten trials from ACC.21.

#### **Symposium Objectives**

OBJECTIVE 1	Discuss the treatment plans for two clinical trajectories: improving or worsening of Heart Failure patients with reduced ejection fraction.
OBJECTIVE 2	Discuss strategies to identify and treat patients with valvular heart disease according to the ACC/AHA Guidelines.
OBJECTIVE 3	Evaluate the utility of electronic devices for identifying and managing atrial fibrillation.
OBJECTIVE 4	Discuss the role of the social determinants of health and socioeconomic status which impact healthcare disparities and the outcomes of patients with cardiovascular disease.
OBJECTIVE 5	Discuss the pros and cons of CT angiography and stress testing in the evaluation of ischemic heart disease.
OBJECTIVE 6	Discuss how to interpret high sensitivity troponins in the evaluation of a patient presenting with chest pain.
OBJECTIVE 7	Discuss the latest and most important cardiology trials that can impact our patient care.
OBJECTIVE 8	Discuss the new guidelines and treatments of amyloid cardiomyopathy.

#### **Joint Accreditation Statement:**

In support of improving patient care, this activity has been planned and implemented by the American College of Cardiology Foundation and the Illinois Chapter of the American College of Cardiology.

The American College of Cardiology Foundation is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **Physicians**

The ACCF designates this internet live educational activity for a maximum of 6.50 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credits commensurate with the extent of their participation in the activity.

#### **MOC**

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 6.50 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### **Nurses**

The ACCF designates this internet live educational activity for a maximum of 6.50 continuing nursing education contact hours (CNE) and 5.00 pharmacotherapeutic nursing contact hours (CNERx). Each attendee should only claim credits commensurate with the extent of their participation in the activity.

#### **Pharmacists**

ACCF designates this continuing education activity for 5.00 contact hours of the Accreditation Council for Pharmacy Education. (CPE)

#### **Physician Assistants**

The American College of Cardiology Foundation has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.50 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**While offering credits noted above, the course is not intended to provide extensive training or certification in this field.**

#### **Target Audience:**

Physicians, Fellow-In-Training, Nurses, Clinical Nurse Specialists, Nurse Practitioners, Physician Assistants, and Pharmacists.

#### **Acknowledgments:**

At the time of printing, a complete listing of supporters was not available. Appropriate acknowledgement will be updated upon confirmation of support and at the time of the course.

#### **Learner Bill of Rights:**

The American College of Cardiology Foundation (ACCF) recognizes that you are a life-long learner who has chosen to engage in continuing medical education to identify or fill a gap in knowledge or Skill; and to attain or enhance a desired competency. As part of ACCF's duty to you as a learner, you have the right to expect that your continuing medical education experience with ACCF includes the following:

#### **Content that:**

- Promotes improvement or quality in healthcare
- Is current, valid, reliable, accurate and evidence-based
- Addresses the stated objectives or purpose
- Is driven and based on independent survey and analysis of learner needs, not commercial interests
- Has been reviewed for bias and scientific rigor
- Offers balanced presentations that are free of commercial bias
- Is vetted through a process that resolves any conflicts of interest of planners and faculty
- Is evaluated for its effectiveness in meeting the identified educational need

#### **A Learning Environment that:**

- Is based on adult learning principles that support the use of various modalities
- Supports learners' abilities to meet their individual needs
- Respects and attends to any special needs of the learners
- Respects the diversity of groups of learners
- Is free of promotional, commercial and/or sales activities

**Disclosure of:**

Relevant financial relationships that planners, teacher, and authors have with commercial interests related to the content of the activity  
Commercial support (funding on in-kind resources) of this activity

**Disclaimer Statement:**

- Abstract and articles contained in this course guide have been reprinted with permission.
- This information is provided for general medical education purposes only and is not meant to substitute for the independent medical judgement of a clinician relative to diagnostic and treatment options of a specific patient's medical condition.
- The American College of Cardiology Foundation (ACCF) does not warrant the completeness, accuracy of usefulness of any opinions, advice, services of other information provided through this activity. In no event will ACCF be liable for any decision made, or action taken, in reliance upon the information provided through this activity.
- Accredited status does not imply endorsement by ACC of any commercial products displayed in conjunction with this activity.
- ACCF reserves the right to modify faculty and program without notice.

**Disclosure Policy:**

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC), the American College of Cardiology Foundation (ACCF) must ensure balance, independence, objectivity, and scientific rigor in all of their directly provided or jointly provided/co-provided educational activities. Planners, presenters, and other contributors, in a position to control the content are required to disclose to the audience all relevant financial relationships

he/she and/or his/her spouse or domestic partner may have, occurring within the past 12 months, with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on patients. When an unlabeled use of any commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, the contributor should disclose that the product is not labeled for the use under discussion of that the product is still investigational. ACCF is committed to providing its learners with high-quality activities an materials that promote improvements in quality in health care not a specific proprietary business of commercial interest. The intent of this disclosure is not to prevent participation in educational activities by persons with a financial or other relationship, but rather to provide learners with information on which they can make their own determination whether financial interests or relationships may influence the educational activity. ACCF assesses conflicts of interest (COI) with its faculty, planners, managers, staff, and other individuals who are in a position to control the content of CMD/CNE activities. All relevant potential conflict of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, and patient care and safety recommendations.

**Credit and Course Evaluation:**

Your feedback from this American College of Cardiology (ACC) educational course will help us to better target ACC educational initiatives and efforts to support you and your future learning needs. In order to receive your (CME, CNE, CPE, PA, MOC) certificate of attendance, you must complete a brief evaluation survey online. This survey will be sent via email and will include a direct link to the survey. We strongly recommend that evaluations and credit claims be submitted within one MONTH of the course, but you must complete them within three months of the course.

# PLANNING COMMITTEE

<b>CHAIR:</b> Annabelle Santos Volgman, MD, FACC, FAHA IL-ACC Governor, Rush University Medical Center	Benjamin H. Freed, MD, FACC, FASE IL-ACC Treasurer, Northwestern University Medical Center
<b>NURSE PLANNER:</b> Amy Brownell, MSN, FNP-C, AACC, AMITA Health	Abdul Moiz Hafiz, MD, FACC, FSCAI IL-ACC Councilor, Southern Illinois University School of Medicine
<b>PHARMACY PLANNER:</b> Vicki Groo, PharmD, BCCP, CHC, IL-ACC CV Team Representative University of Illinois at Chicago	Saurabh Malhotra, MD, MPH, FACC, FASNC IL-ACC Councilor, Cook County Health
Frank Aguirre, MD, FACC IL-ACC Immediate Past Governor	Nidhi Madan, MD IL-ACC FIT Rep, Rush University University Medical Center
Jay Alexander, MD, FACC, FAHA, FSNC IL-ACC Past Governor , NorthShore University Health System	Akhil Narang, MD, FACC, FASE, FSCMR IL-ACC Councilor, Northwestern University Medical Center
Francis Alenghat, MD, PhD , FACC University of Chicago	Sean Pinney, MD, FACC, FAST, FHFSA University of Chicago

# AGENDA

**OVERVIEW AND PROGRAM OBJECTIVES**

**Annabelle Santos Volgman, MD, FACC, FAHA;** IL-ACC Governor, Rush University Medical Center

**KEY NOTE SPEAKER: LEADERSHIP DURING THE PANDEMIC. HOW TO THRIVE DURING ADVERSITY**

**Athena Poppas, MD, MACC;** Immediate Past President ACC, Brown University School of Medicine, Providence, RI

**HEALTHCARE DISPARITIES: SOCIOECONOMIC FACTORS IN CV DISEASE - LESSONS LEARNED - COVID**

**Kim Williams, MD, MACC;** Past President ACC, Rush University Medical Center  
**Moderator: Frank Aguirre, MD, FACC;** IL-ACC Immediate Past Governor

**ISCHEMIC HEART DISEASE - MEET THE EXPERT CASE PRESENTATION**

**Laith Derbas, MD;** Rush University Medical Center

**HIGH SENSITIVITY TROPONINS**

**Yader Sandoval Pichardo, MD, FACC;** Mayo Clinic, Rochester, MN

**THE ROLE OF THE CVT MEMBER**

**Charina Alcain, DNP, APN, ACNP-BC, CHFNP;** University of Chicago

**Q & A**

**Moderators: Jay Alexander, MD, FACC, FAHA, FSNC;** IL-ACC Past President, NorthShore University Health System and **Nidhi Madan, MD;** IL-ACC FIT Rep, Rush University Medical Center

**VALVULAR HEART DISEASE  
CASE PRESENTATION**

**Alan John, MD;** Loyola University Medical Center

**STRUCTURAL HEART DISEASE**

**John Erwin, MD, FACC;** NorthShore Health System

**THE ROLE OF THE CVT MEMBER**

**Kimberly Guibone, DNP, ACNP-BC;** Beth Israel Deaconess Medical Center, Boston, MA

**Q & A**

**Moderators: Abdul Moiz Hafiz, MD, FACC, FSCAI;** IL-ACC Councilor, Southern Illinois University School of Medicine and **Amy Brownell, MSN, FNP-C, AACC;** AMITA Health

**ARRHYTHMIAS:  
AFIB SCREENING DEBATE**

**Rod Passman, MD, MSCE, FACC, FAHA, FHRS;** Northwestern University Medical Center  
**Peter A. Santucci, MD, FACC, FHRS, FAHA;** Loyola University Medical Center

**PACING AND AFIB: PREVENTING AND MANAGING  
AFIB WITH CIED'S**

**Parik Sharma, MD, MPH, FACC, FHRS;** Rush University Medical Center

**THE ROLE OF THE CVT MEMBER**

**Jessica Charron, MSN, ACNP-BC,** Northwestern University Medical Center

**Q & A**

**Moderator: Abraham Kocheril, MD, FACC, FACP, FHRS;** OSF Healthcare Cardiovascular Institute

**HEART FAILURE:  
CASE PRESENTATION**

**Gatha Nair, MD;** Rush University Medical Center

**HEART FAILURE – NEW DRUGS AND NEW  
INDICATIONS FOR HFREF, HFMRP AND HFPEF**

**Panel:**  
**Sean Pinney, MD, FACC;** University of Chicago  
**Jane Wilcox, MD, FACC;** Northwestern University Medical Center  
**Sunil Pauwaa, MD, FACC;** Advocate Christ Medical Center/Advocate Heart Institute

**THE ROLE OF THE CVT MEMBER**

**Alexandra Goncharenko, PharmD, BCPS, BCCP;** Advocate Aurora Health

**Moderators: Christopher Gans, MD, FACC, FASE;** University of Illinois at Chicago and **Vicki Groo, PharmD, BCCP, CHC;** IL-ACC CV Team Rep, University of Illinois at Chicago

**CARDIOMYOPATHIES  
CASE PRESENTATION**

**Mark Dela Cruz, MD;** University of Chicago

**HCM AND AMYLOID: NEW THERAPIES AND WHAT  
YOU SHOULD KNOW**

**Jane Wilcox, MD, FACC;** Northwestern University Medical Center  
**Saurabh Malhotra, MD, MPH, FACC, FASNC;** IL-ACC Councilor, Cook County Health  
**Amy Brownell, MSN, FNP-C, AACC;** AMITA Health

**THE ROLE OF THE CVT MEMBER**

**Fiona Costello, PharmD,** University of Illinois at Chicago

**Q & A**

**Moderator: Francis Alenghat, MD, PhD, FACC;** University of Chicago

**UPDATE ON CV IMAGING  
CASE PRESENTATION**

**Basma Al-Bast, MD;** Southern Illinois University School of Medicine

**DEBATE - CT ANGIOGRAPHY VS. STRESS TESTING**

**Rupa Sanghani, MD, FACC;** Rush University Medical Center  
**Amit Patel, MD, FACC;** University of Chicago

**Moderator: Ben Freed, MD, FACC;** IL-ACC Treasurer, Northwestern University Medical Center

**FIT SESSION  
TOP TEN TRIALS  
RESEARCH AND CASE PRESENTATION WINNERS**

**Ajoe Kattoor, MD;** Rush University Medical Center, **Jorge Gomez, MD;** OSF Healthcare, **Marysa Leya, MD;** IL-ACC FIT Rep, Northwestern University Medical Center, **Omar Siddiqui, MD;** Southern Illinois University School of Medicine; **Mrinali Shetty, MD,** NorthShore

**Moderators: Akhil Narang, MD, FACC;** IL-ACC Councilor, Northwestern University Medical Center and **Nidhi Madan, MD;** IL Chapter FIT Rep, Rush University Medical Center

**SENIOR SESSION - NUTS AND BOLTS OF CAREER  
TRANSITION AND RETIREMENT**

**Cathleen Biga, MSN, RN, FACC;** CEO Cardiovascular Management of Illinois, Trustee ACC

**Chad W. Lahnum RICP®;** Portfolio Manager & Director of Planning, Northwestern Mutual, Shunk Financial Group

**Moderator: Frank Aguirre, MD, FACC,** IL-ACC Immediate Past President