What's **The Scoop** on Your Health?



JUNE IS MEN'S HEALTH MONTH



DID YOU KNOW?
MEN LIVE ABOUT 5 YEARS
LESS THAN WOMEN.

WEAR BLUE FOR MEN'S HEALTH!

ON JUNE 18TH
WEAR BLUE FOR
YOUR FATHER, SON,
BROTHER, AND
FRIENDS!

Did you know we have a behavioral health office in Belleville High School?



June is also
LGBTQ+ PRIDE
Month
and
Juneteenth!

PRIDE month occurs in June to commemorate the 1969 Stonewall Uprising.

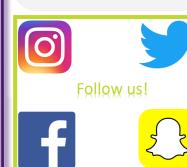
Juneteenth is the oldest known celebration honoring the end of slavery in the US.

June, 2021

The Corner Health Center www.cornerhealth.org 47 N. Huron Street Ypsilanti, MI 48197 734-484-3600

Features & Highlights!

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The mission of the Corner Health Center is to inspire 12- to 25-year-olds (and their children) to achieve and sustain healthy lives by providing judgment-free, affordable health and wellness care and education.

We cover comprehensive health care, behavioral health services, health education and youth development programs designed exclusively for teens and young adults.

For more information, visit www.cornerhealth.org or call 734-484-3600 for an appointment.



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Corner Health Center Introduces the new Expanding, Enhancing Emotional Health (E3) site!

The Corner is pleased to announce that our new E3 health concerns. Her site, a mental health hub funded by MDHHS, is now open at Belleville High School, in Belleville, MI! The E3 site is staffed by one therapist, Angelita Jacobs, MS, LLP, EdD and an office manager, Ananda Maxwell. We are open to Van Buren School district youth, ages 10-21, and have in person, evening and virtual appointments available! Formulation of the site started in January, 2021, and now, with Belleville High School's help, we have offices in the Media Center.



Dr. Jacobs has been seeing youth and families for therapy for over 20 years, and is well versed

in a variety of mental specific areas of expertise include, but are not limited to: family dynamics, relationship issues, stress reduction, optimal living, and grief.



Ananda Maxwell comes with a wealth of administrative experience, and was previously working at the Corner, as a patient service representative.

If you or anyone you know, lives or works in the Van Buren school district, and are between the ages of 10-21 years old, we are open and welcoming new clients. Please contact our E3 providers directly at (734) 740-6492.

#MensHealthMatters

June is Men's Health Month! Let's bring awareness to men's health and let everyone know that #MensHealthMatters.

men live about vears than women

will develop

cancer

APPROXIMATELY

IN THE U.S. die each year prostate

higher death rate for most leading causes of death including cancer, heart disease, diabetes, and suicide

> Men make many physician visits for prevention as women

cancer

Men are more uninsured than likely to be uninsured women

(Concorde 2019)

The Corner is committed to providing affordable, high-quality health care to young men. We offer a lot of services to help men achieve their health goals including:

- Routine Checkups or Regular Doctor Visits
- A Brotherhood group
- **Sports and Work Physicals**
- **Fitness Planning**
- Care for Illness and Injury
- **Free Condoms**
- Shots
- STI and HIV Testing and Treatment
- **Health Insurance Application Assistance**
- Counseling & Psychiatric Care
- Help to Quit Smoking

Wear BLUE on June 18th #MensHealthMatters to raise awareness!





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Let's Celebrate LGBTQ+ Pride Month, Father's Day, and Juneteenth!



LGBTQ+ Pride Month is currently celebrated each year in the month of

JUNE 4

JUNE 11

JUNE 18

June to honor the 1969 Stonewall Uprising. The Stonewall Uprising was a series of events between police and LGBTQ+ protesters which lasted over six days after officers from the NYPD raided

Stonewall Inn—a popular gay bar during this time.

The word of the raid spread and thousands of protesters gathered

at the Stonewall. They protested "Police brutality" and advertised signage making demands such as: "End Assault on Gays" and "Stop Police Harassment".

Check out our table on June 18th!

This uprising marked the beginning of a movement to outlaw discriminatory laws and practices against LGBTQ+ Americans. The first Pride march was held in New York City on June 28th, 1970. Check out Ypsi Pride for more info about local celebrations!

4-9PM
N. AND S. WASHINGTON

COLLECTIVE CARE NIGHT
6-10PM

SAME YPSI PRIDE BUT SPLIT INTO FOUR SMALLER
EVENTS FOR COMMUNITY SAFETY
ON N. WASHINGTON ST. IN DOWNTOWN YPSI,
AND
LIVESTREAMED ON FACEBOOK

Juneteenth is the oldest nationally celebrated commemoration of the ending of slavery in the United States. Despite President Lincoln's Emancipation Proclamation - which had become official January 1, 1863 it wasn't until June 19th 1865 (over two years later) that the news spread and enslaved slaves were free.



Since 1865, the observance of June 19th as the African American Emancipation Day has spread across the United States and beyond. Juneteenth has been recognized by the State of Michigan as Juneteenth



Freedom Day for 17 years as proclaimed by the Governor and the Ypsilanti City Council approved to recognize and make Juneteenth an official holiday this year!

Happy Father's Day



2021

YPSI PRIDE KICK-OFF

6-10PM

FAMILY + YOUTH NIGHT

5-10PM

PRIDE VENDOR FAIR



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The Corner Program Updates:

- The Corner Food Pantry is available to patients and community members ages 12-25 during clinic hours. One family at a time may shop the store and a mask is required!
- ◆ **Mood Lifters** —A mental wellness program that works to improve mood over the course of 15 sessions. For young adults ages 18-25. Currently running on Thursdays 6:30 pm—7:30 pm; March 25th, 2021—July 1st, 2021. Stay tuned for the next group!
- Yoga This class is open to everyone and it is a judgment-free space. The class combines physical yoga poses with breathing to find balance in both the body and mind. Stay tuned for the next group!
- Summer Program FREE program for ages 12-25 in Washtenaw County (including Belleville & Canton)! This program is focused on nutrition and physical health/activity. Join us for cooking classes physical activity park meet ups! <u>Learn more and register here!</u>

All programs will meet virtually until further notice!

Get

involved!

SMART Recovery —Recovery support group for ages 18-25; class will meet via Zoom. Interested? Contact Nike Griffin by calling 734-714-2262 or email agriffin@cornerhealth.org.

◆ Join the Corner Youth Leadership Council—For anyone 12-25 years old interested in developing leadership skills, promoting change, and raising awareness about community health and safety issues. YLC meets year-round on Wednesdays, 6:00-7:00 p.m. Have fun, help your community, and earn a little cash! Interested? Contact Kamilah Davis-Wilson at kwilson@cornerhealth.org.

Recruiting for the Fall! Join the Corner Theatre Troupe—For youth in middle and high school, no experience necessary! Become a Peer Educator and have fun while gaining acting skills, write and perform plays and/or monologues for your peers on important health topics, and earn a little cash! Troupe meets September through June Wednesdays 3:30-5:30 p.m. Interested? Fill out the form or contact Brianna Minor at bminor@cornerhealth.org.

What's The Scoop is the monthly e-newsletter for Corner patients and community youth to provide information and promote healthy habits and wellness. If you have questions or suggestions for The Scoop! please send them to bminor@cornerhealth.org.



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Reduce your risk.

keep 6 ft distance + cover your face + wash your hands



COVID—19 News from the Corner

The Corner is not a COVID-19 testing site. However, test sites in the community can be found here.

We are open and serving patients with scheduled appointments only. If you are a patient with a scheduled appointment:

- Please call before your appointment to confirm if your visit is onsite or a telehealth visit.
- Effective 2/19/21 A parent/guardian may accompany youth to appointments under age 18 and prenatal patients may have one support person. Check out our website or call us at 734-484-3600 if you have additional questions or concerns.

 Masks are required for the duration of your appointment. If you do not have a mask, we will provide you with one.



*Corner now has COVID-19 vaccine available on-site for patients aged 12 years and older. Friends and family invited to schedule as supplies allow. Call 734-484-3600 to schedule your appointment today! Please contact the clinic nurse, Allie, at 734-714-2257 with any questions. As always, we are interested in your thoughts and feelings.



Q: Am I "fully vaccinated"?

A: You are considered fully vaccinated 2 weeks after you get the Johnson and Johnson vaccine or 2 weeks after your 2nd dose of the Moderna or Pfizer vaccine.

Watch the Governor's May 12th, 2021 COVID update here.

By filling out this short survey you will be assisting the clinic in making sure your questions and concerns are addressed so that you feel prepared and informed.

Stay Updated!

In Washtenaw County over 50% of all residents 12-64 years old are vaccinated and over 60% have gotten at least one dose! Learn more about Washtenaw County cases here.



