



## Introducing myNurse.ai – A New Trusted Advisor

By Carol Haig, Editor

The relationship between Village Movement California and our member villages is special, as is the relationship between each village and its members. Collectively our mission is to support healthy aging for older adults so they can live independently in the communities they choose. Village Movement California is a trusted advisor for villages just as villages are trusted advisors for their members. Therefore, we are pleased to announce our relationship with our newest trusted advisor, [myNurse.ai](https://myNurse.ai).

### About myNurse.ai

MyNurse.ai delivers... "the first digital health program designed specifically for older adults..." This organization provides support to older adults who have chronic health conditions through a digital disease management solution that increases positive results for members. With the sponsorship agreement we have with myNurse, we are working to fulfill our mission while also advancing the burgeoning telehealth care trend for the benefit of village members.

myNurse members utilize devices such as blood pressure monitors to take, track, and transmit their vitals on a regular schedule. myNurse assigns each member a personal licensed clinician who tracks and interprets their data, and checks in with members regularly by telephone or video to provide encouragement and make sure members have everything they need to manage their condition. myNurse works with the member's primary care physician to share all data and progress. myNurse is a covered benefit with Traditional Medicare to minimize out-of-pocket expenses.

### A Shared Mission

Village Movement California and myNurse share a common mission, making this new relationship mutually beneficial. We also share a culture of listening, further connecting the two organizations and enhancing our focus on supporting the members of our villages. Says Charlotte Dickson, Executive Director of Village Movement California, "This high-touch telehealth program will support optimal health in our villages while preventing hospital visits. myNurse's program gives villages a new tool for helping members and volunteers stay healthy and take charge of their aging journey."

### Pilot Program

myNurse is offering their unique services to four villages in a 12-month pilot program: Ashby Village, Berkeley, San Clemente Village, San Clemente, SLO Village, San Luis Obispo, and San Francisco Village, San Francisco. The pilot includes educational workshops for villages, responding to inquiries from village members, and assisting any village members who want to

enroll in myNurse's program. Village Movement California, myNurse, and the pilot villages will regularly review and evaluate pilot activities and assess how well village members' needs are being met.

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